

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 Non-denominational Service-ILC 10:00 Catholic Mass-ILCR 1:30 Labor Day Reminiscing-MR1 2:00 Music Bingo-MR1 3:00 Stroll through the Garden-MR1 Patio 3:00 \$2 Bingo-ALAR	9:30 Massage & Therapy Dogs-MR1 10:00 Flexibility Fitness-MR1 10:30 Laughter Therapy-MR1 1:30 America the Beautiful-MR1 2:00 Labor Day Salsa Social-MR1 3:00 End of Summer Games-MR1 Patio	9:30 Chair Stretching-MR1 10:00 Highlights of the Day & Refreshments-MR1 10:15 Communion-ALAR 1:30 Bible Study-IL-CH 1:30 Explore Community Library-AL Internet Café 2:30 A la carte-Rehab 3:00 \$2 Bingo-ALAR 3:00 Tech Class w/Stephanie-IL-C	9:00 Yoga w/Kathleen:-ALAR 10:30 Science w/ Trina-ALAR 1:00 Men's Group-AL CR 1:00 Women's Group-ALAR 2:00 Basketball for Seniors-AL-CR 2:30 M*A*S*H Crossword-MR1 3:30 What's in a Word-MR1 7:15 Active Minds: Saudi Arabia-IL-CR	9:30 Body Workout-MR1 10:00 Highlights of the Day & Refreshments-MR1 10:00 Water Color Class: Pt 1-ALAR *11:30 Outing: Helga's German Restaurant 2:00 Grief Support-ILC 3:00 \$2 Bingo-ALAR 4:00 St. Andrew's Singers-IL-CR 6:30 Guide Dogs for the Blind Training-IL CR	9:00 Balloon Ball Fitness-ALAR 9:30 Bunco-ALAR 10:30 Name That Tune-ALAR 1:00 Trina's Science magazine-ALAR 1:00 A la carte-Rehab 1:00 Avon-CH 3:00 Happy Hour with Natalie Ottobriano-ALAR	9:00 Beauty Time-MR1 10:00 Highlights of the Day & Refreshments-MR1 11:00 Green Thumb Club-MR1 1:00 Stretching-MR1 2:30 Deck the Halls-ALAR 3:00 Chocolate Shake Social-MR1
9:30 Non-denominational Service-ILC 10:00 Catholic Mass-ILCR 1:30 Donut Hole Social-MR1 2:00 Celebrate Grandparents-MR1 2:30 Grandparent Reminiscing-SN Patio 3:00 Family Game Fun-MR1 Patio 3:00 \$2 Bingo-ALAR	9:30 Massage & Murphy Mondays or Therapy Dogs-MR1 10:00 Flexibility Fitness-MR1 10:30 Cranium Crunch-MR1 1:00 Kathleen Presents: Presidential Libraries & Museums-ALAR 2:30 Entertainment with Young Heart Band-LTC DR 4:00 Hallway Trivia-SN Hall	9:30 Chair Stretching-MR1 10:00 Highlights of the Day & Refreshments-MR1 10:15 Communion-ALAR 1:00 Wheel of Fortune-MR1 1:30 Bible Study-IL-CH 2:30 A la carte-Rehab 3:00 \$2 Bingo-ALAR 5:30 Elvis Presley first appears on the Ed Sullivan Show. (1956) & Discussion-MR1	9:00 Yoga w/Kathleen:-ALAR 10:00-12:00 Watch Battery Guy-IL Lobby 10:30 Reminiscing: Beatles Music-MR1 1:00 Water Color Class: Pt 2-ALAR 2:00 New York 9/11 Remembrance-MR1 3:00 Japanese Language & Culture-ALAR 5:00 NY Deli Dine-In Social-MR1 Patio	9:30 Body Workout-MR1 10:00 Highlights of the Day & Refreshments-MR1 10:30 Resident Council-MR1 1:30 Donut & Coffee Social-MR1 2:30 Woodstock Music Appreciation 3:00 \$2 Bingo-ALAR 4:00 St. Andrew's Singers-ILCR	9:30 Body Focus Exercise-MR1 10:00 Music Rhythms-MR1 1:00 A La Carte-Rehab 1:30 Face Mask Fridays-ALAR 3:30 Where Our Feet Take Us-ALR	*9:30 Outing: Target 9:00 Beauty Time-MR1 10:00 Highlights of the Day & Refreshments-MR1 10:00 Scrapbooking Class-ALAR 11:00-1:30 Boy Scouts Popcorns Sale-IL-CH 1:30 Stretching-MR1 2:30 Green Thumb Club -MR1 3:00 Fabric Origami Class-ALAR
9:30 Non-denominational Service-ILC 10:00 Catholic Mass-ILCR 2:25 CHI Bears @ DEN Broncos: Football Social-MR1 3:00 \$2 Bingo-ALAR	9:30 Massage & Murphy Mondays or Therapy Dogs-MR1 10:00 Flexibility Fitness-MR1 10:30 Cranium Crunches-MR1 1:00 National Geographic Documentary-MR1 2:30 Food for Thought Regional Food: Italy-MR1 4:00 Dinner Word Scramble-SN Hall	9:30 Chair Stretching-MR1 10:00 Highlights of the Day & Refreshments-MR1 10:15 Communion-ALAR 1:00 A la Carte-Rehab 1:30 Bible Study-IL-CH 2:00 Pretzel Social-ALAR 3:00 Oktoberfest with Squeeze Play-ALAR 3:30 Movie Matinee: TBA 5:30 Beauty Time-MR1	9:00 Yoga w/Kathleen-ALAR 10:30 Food Chat Mark-MR1 1:00 Spanish Class-ALAR 2:00 Creamsicle Social-MR1 3:00 Presentation: Healing without Meds w/ Rick-IL-CH 4:00 Green Thumb Club-MR1	9:30 Body Workout-MR1 10:00 Highlights of the Day & Refreshments-MR1 10:30 Butterscotch Pudding Social-MR1 1:00 Afternoon Matinee Movie & Popcorn/Drinks: TBA-MR1 3:30 A la carte-Rehab 4:00 St. Andrew's Singers-IL-CR 6:30 Guide Dogs for the Blind Training-IL CR	9:30 Body Focus Exercise-MR1 10:00 Astrology & Astronomy Class-MR2 11:30 Lunch In: Arby's-TBA 1:00 Avon-CH 1:00 Exploring Our Taste Buds-ALAR 2:00 Memory Support-ALAR 3:00 Happy Hour with Steven St. James-ALAR	*10:00-1:00 Car Show-IL Parking Lot 1:00 Root Beer Floats-MR1 2:30 Entertainment: Dancing Through the Decades-IL-CR
9:30 Non-denominational Service-ILC 10:00 Catholic Mass-ILCR 1:00 Body Movement-ALAR 1:30 Brain Game: Name that Year-ALAR 3:00 \$2 Bingo-ALAR 5:30 Drink of the Week-ALAR	9:30 Massage & Murphy Mondays or Therapy Dogs-MR1 10:00 Flexibility Fitness-MR1 10:30 Autumn Anecdotes-MR1 1:30 Gardening Club-LTC-Patio 2:30 Entertainment with Gino-LTC DR 4:00 Green Thumb Club-MR1 7:15 Active Minds: Dance Music-IL-CR	9:30 Chair Stretching-MR1 10:00 Highlights of the Day & Refreshments-MR1 10:15 Communion-ALAR 1:30 Bible Study-IL-DR 1:30 Sing Along-MR1 1:00 Ear Clinic-IL-CH 2:30 a la carte-Rehab 3:00 \$2 Bingo-ALAR	9:00 Yoga w/Kathleen-ALAR 10:30 Cream Filled Donut Social-MR1 1:00 Beauty Time-MR1 2:00 Low Vision Support Group-ILC 2:00 Exploring Africa-AR 3:30 Crafts with Kara-ALAR 5:30 Autumn Aromatherapy-MR1	*9:00 Outing: Centennial Airport Tour 1:00 Owl Arts & Crafts-MR1 2:30 a la carte-Rehab 3:00 \$2 Bingo Mania-ALAR 4:00 St. Andrew's Singers-ILCR	9:30 Body Focus Exercise-MR1 10:00 Music Rhythms-MR1 1:00 Activity Advisory Meeting-MR1 1:30 Face Mask Fridays-ALAR 3:30 Where Our Feet Take Us-ALR	9:00 Stretching-MR1 10:00 Highlights of the Day & Refreshments-MR1 10:00 Science Experiment Class-ALAR 1:00 Afternoon of Games 2:30 Green Thumb Club & Popsicles- MR1
9:30 Non-denominational Service-ILC 10:00 Catholic Mass-ILCR 1:30 Name that Tune-MR1 2:00 -Fall Cider Social-MR1 Patio 3:00 \$2 Bingo-ALAR	9:30 Massage & Murphy Mondays or Therapy Dogs-MR1 10:00 Flexibility Fitness-MR1 10:30 This Day in History-MR1 1:30 Birdwatching-MR1 2:30 September Birthday Celebration with Leonard B.-LTC DR					
	***Please see daily flyers for changes to the calendar.	<h1>SEPTEMBER 2019</h1> <p>Health Center</p>		<b>ACTIVITY LOCATOR KEY</b> AL-Assisted Living AR-Activities Room CR-Club Room DR-Dining Room RRV-Room to Room Visit	IL C- Independent Living Chapel IL CR Independent Living Community Room LIB-Library MR1P-Media room 1 Patio	LTC-Long Term Care MR1-Media Room on 1st floor * - Sign up with The Community Life Department