



# ST. ANDREW'S VILLAGE

 A WATERMARK RETIREMENT COMMUNITY

**INDEPENDENT LIVING • ASSISTED LIVING  
REHABILITATION & SKILLED NURSING**

# UNRETIREMENT LIVING

More than 30 years of experience have taught us that today's seniors want more choices and are leading a more active lifestyle than generations before. That's why we created a community filled with options, from cozy studios to spacious penthouse apartments with expansive views, great cuisine and fun events plus mind and body fitness classes. It's all part of our culture of choice.

**IT'S NOT WHAT YOU'D EXPECT, AND THAT'S THE WHOLE POINT.**



Beautifully furnished lobbies and sitting areas

Elegant dining room with private dining available

Full-service modern beauty salon

Fitness & Wellness Center

Indoor pool

Spa

Fitness room

Massage therapy room

Card, billiards and club rooms

Media center

Secured underground garage parking

Serene landscaping

Well-stocked library

Interfaith chapel



# AN OPTION FOR EVERY APPETITE



One of the joys of life is breaking bread in the company of good friends. Here, friends and neighbors connect to share meals, stories and laughs. Our ever-changing menu features everything from upscale selections to comfort food favorites. Plus, with Thrive Dining™, favorite foods can be enjoyed without assistance, without utensils and without distraction from the enjoyment of dining with family and friends. No more prepackaged finger food for residents with physical or cognitive challenges. Yet, if you feel like staying in, you can create your favorite dish in your own kitchen, but it's great to know that a delectable meal among friends (without the cooking, cleaning or dishes to wash) is always just steps from your door. Stop by for breakfast, lunch or dinner for a little taste of how we thrive.



Chef's Split Pea Soup

Buttermilk Chicken Caesar Salad

Pan-Seared Blackened Atlantic Salmon  
with Whipped Potatoes

Garlic Lemon Shrimp with  
Wild Rice Pilaf

Steak of the Day with Onion Strings

White and Dark Chocolate  
Bread Pudding

# PROGRAMS, OUTINGS AND WATERMARK UNIVERSITY CLASSES



There is always something happening at St. Andrew's Village. Cultural programs, interesting activities and extraordinary outings are simply a part of everyday life. There's always plenty to do with friendly neighbors.

Stimulating the mind and strengthening the body has enormous benefits at any age. You'll love having unlimited access to all of our mind and body fitness classes just steps from your door. Our offerings include *Tai Chi*, *Strength & Balance*, *Poker*, *Pool Exercise*, *Expressions in Paint*, *St. Andrew's Singers*, *Technology 101*, and dozens more, so you can learn (or teach) something new every day. Watermark University isn't just for residents. Call for a catalog and join us for a class that intrigues you.



- Charcoal Drawing
- Travelogues Around the World
- Sign Language
- Fun with Facebook
- Jewelry Making
- Photography Club
- Oil Painting
- Intro to Computers
- Creative Cooking
- Spanish 101

# INDEPENDENT LIVING AT THE TOWN CENTER

At St. Andrew's Village, Town Center living enhances independence with choices galore in an extraordinary rental setting. The first (and maybe the most fun) is selecting the apartment that's perfect for you. Choosing from a selection of bright and spacious one-, two- and three-bedroom residences, you'll find a space that's just right to call your own. With so many options to choose from and professionals ready to help you customize your apartment, you're sure to have a ball expressing your style.

One visit and you'll see that the best part of living here is what you'll experience just outside your front door. Enjoy a delicious dinner with friends. Sign up for any of our dozens of fun and interesting classes. With a real sense of community, incredible dining options and the most fun around, you'll never run out of things to do.

Fully equipped designer kitchen

Walk-out patios and balconies

Large walk-in closets

Delicious and healthy continental breakfast five days a week and choice of chef-prepared lunch or dinner daily

Housekeeping, maintenance and transportation services

Washer and dryer in each apartment

Secured underground garage parking

Caring, trained staff available 24 hours per day

All utilities including satellite TV, excluding phone and internet service

Dynamic calendar of classes, activities and extraordinary outings

On-site Assisted Living and Rehabilitation & Skilled Nursing

Memory Care offered at our nearby sister community, Harvard Square

Move-in coordination

Pet-friendly



# ASSISTED LIVING AT THE INN



When it comes to Assisted Living, we're not what you'd expect. We've looked at assisted living from all angles and challenged ourselves to raise each and every bar. That's why at The Inn, customized care and choice are the order of the day. No cookie cutter apartments, boring stereotypical activities and health care delivered on a schedule so rigid that it becomes the center of your day. You'll have a varied calendar of community doings with a wide variety of social, educational, cultural and recreational opportunities, exceptional restaurant-style dining including three delicious meals per day and top notch care tailored to your needs, on your schedule – not ours.

Bright, cheerful apartments with kitchenette  
Choice of studio-alcove, one- and two-bedroom apartments

Three delicious and healthy meals prepared daily in addition to snacks

Housekeeping, maintenance and transportation services

Caring, trained staff available 24 hours per day

All utilities including satellite TV, excluding phone and internet service

Dynamic calendar of classes, activities and extraordinary outings

Variety of senior health and wellness programs

On-site Rehabilitation & Skilled Nursing

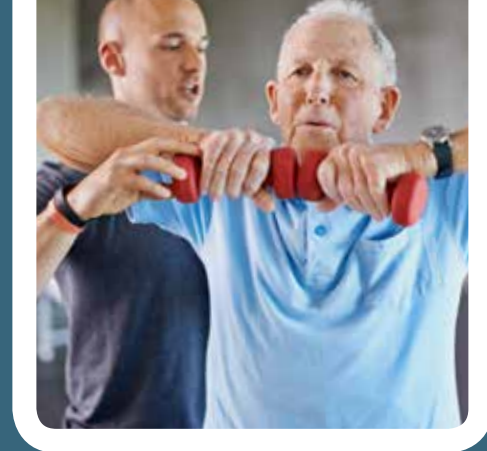
Memory Care offered at our nearby sister community, Harvard Square

Resident emergency response system

Move-in coordination



# REHABILITATION & SKILLED NURSING AT THE SPRINGS



When rehabilitation is what the doctor ordered, St. Andrew's Village welcomes everyone, not just current residents. We've designed our rehabilitation program with our own residents in mind, that's why we offer amenities and services you never thought existed in a rehabilitation setting.

## **GETTING YOU HOME – BETTER, FASTER, STRONGER.**

Why do professionals refer so many patients to St. Andrew's Village for rehabilitation? We offer outstanding services in our extraordinary, Medicare-certified community, including hydrotherapy, physical therapy, occupational therapy and speech therapy. For 30 years, we've been helping patients restore function, improve mobility, relieve pain and prevent or limit physical disabilities from injuries or disease.

## **YOUR PERSONAL AMBASSADOR**

Enjoy the ultimate experience with our Ambassador Program. From the moment you arrive, you'll receive a warm welcome and ongoing personal attention from your personal ambassador. They will be your single point of contact, available and responsive to you and your family throughout your stay to answer any questions, provide for every comfort and offer a reassuring voice along the way. Using your family's preferred method of communication – phone, text message, email or in person – your ambassador will keep your closest relatives informed of your progress.

Cozy neighborhood design

Three delicious and healthy meals prepared daily in addition to snacks

Personal ambassador program

Private and semiprivate suites

Personal laundry and linen services

Continuum of physical, emotional and spiritual care

Hydrotherapy in our heated pool

Spas with easy access to therapeutic baths

Secured patio and courtyard

Service plans customized to your needs

24-hour staffing

Health care management and monitoring with physician and dietitian oversight

Diverse wellness programs including classes, activities and extraordinary outings

On-site physical, occupational and speech therapies

Medical Director on staff

The background is a solid dark blue color. Overlaid on this are several thick, light blue, curved lines. One large arc starts from the left edge and curves upwards and to the right. Below it, there are more complex, swirling lines that resemble stylized calligraphy or organic forms, including a prominent spiral on the left side.

Creating extraordinary and innovative communities where people **thrive**.






# ST. ANDREW'S VILLAGE

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